



Tom Stickney  
Top 100 since 2007



# GET UP AND DOWN

with Tom Stickney, Bighorn G.C., Palm Desert, Calif.

## Stop the Flip for Crisper Chips

Keeping the fold in your right wrist is good for square contact

### THIS STORY IS FOR YOU IF...

1. YOU CHUNK AND THIN A LOT OF CHIP SHOTS.
2. YOU WANT TO MAKE MORE SOLID CONTACT.

### TRY THIS!

To become a solid chipper *you can't allow the clubhead to pass your hands.* Ever. Instead, you need to lead the clubhead into the ball with your hands ahead the entire way. If you're a "flipper," meaning you let the clubhead pass your hands, this probably sounds tough, but it's actually very easy if you use my trick:

### STEP 1

Grip down on your wedge so your hands are a couple of inches below the end of the grip (on the steel).

### STEP 2

Practice making small chip swings being sure to keep your right shoulder moving all the way through impact and beyond. If you do this then your hands are less likely to flip. If the end of the grip ever makes contact with your left side in your follow-through then you've done it wrong.

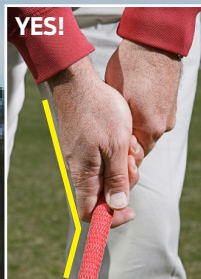
### STEP 3

Grip the club in your normal fashion and chip some balls with this new motion. You'll immediately notice squarer, crisper contact.



### CHIP KEY

Keep your hands ahead of the clubhead throughout your motion. No release needed.



[golf.com/shortgame](http://golf.com/shortgame)



Learn more about this practice drill in a special video lesson with Top 100 Teacher Tom Stickney.